

# **CARMEN PARCELLI - CURRICULUM VITAE**

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(updated December 2025)

## **AERIAL PERFORMANCE**

### Bindlestiff Family Cirkus

*Open Stage Variety Show* – silks act “Infernal Soiree” (December 2025)

### Dynamic Hammock Showcases

*Spooky Soiree* – silks act “The End of the World” (October 2025)

*Story Time* – silks act “So Far Away” (June 2025)

*After Dark Halloween Show* – silks act “Infernal Soiree” (October 2024)

*My Theme Is ...* – silks act “Bowsprt” (May 2024)

*Love U, Love U Not!* – silks act “Aged and Mellow” (February 2024)

*Santa’s List* – silks act “Sugar Rum Cherry” (December 2023)

*Night of Soaring Frights* – silks act “Dearly Departed” (October 2023)

### DC Art All Night

Ambient sling and frame performances (September 2025)

Ambient frame performance (September 2024)

### The Glow

Silks act “So Far Away” (August 2025)

Aerial braids duo act “Dancin Tony in Cuba 1959” (August 2024)

### Spectacul-air Showcase (July 2025)

Silks act “So Far Away”

### Philadelphia Contemporary Circus Festival

*Glimpses* – silks act “Infernal Soiree” (May 2025)

*Test Flights* – frame act work-in-progress showing (May 2025)

### Glitterball: Burlesque and Variety Show

Frame act “Shine on You Crazy Diamond” (December 2024)

Fusions of Fashion event

Silks act 1920's theme (July 2024)

Mad Scientist (self-produced showcase)

Aerial braids duo act "Imitosis" and silks act "Bowsprt" (April 2024)

Firestarter Cabaret

Silks act "My Goals Beyond" (October 2023)

Finally! (co-produced showcase)

Silks acts "Brace Yourself" and "My Goals Beyond" (October 2023)

Monarca In Flight Showcases

Burlesque show – silks act "Aged and Mellow" (February 2024)

Burlesque show – silks act "Leather" (February 2023)

*Jukebox* – silks act "Higher Ground" (November 2022)

AerialWorks Virtual Showcase

*Oh My Musicals!* – silks act "Send in the Clowns" (November 2021)

Private Event (Falling Leaf Aerial Collective group production)

Silks act "Bright Lights and hoop act "Time" (April 2019)

BarFlies (Falling Leaf Aerial Collective group production)

Hoop and silks solos and group numbers (June 2018)

## **OTHER AERIAL WORK AND PROJECTS**

Aerial Star Organization competition (July 2025)

1st Place – Silks Level 5

2nd Place – Specialty (frame) Level 4

Instagram @parcellicarmen

Weekly aerial content posts growing organically to 4000+ followers  
(November 2020 to present)

Silks Stars online aerial silks program from Womack & Bowman

Challenge sequence submission completed every month, all awarded  
highest five stars (January 2021 to present)

Washington Ethical Society fundraising event (March 2025)

Performance/demo/lecture introduction to aerial arts

Monarca In Flight Larval Stage

Frequent contributor to works-in-progress showings (2023 and 2024)

Inanimate Dance online hackathon

Video submissions (2020, 2021, and 2023)

Video project – silks act “Drown in My Own Tears” (September 2020)

### **AERIAL TRAINING**

Regular private online coaching with Adam Woolley (2023 to present)

Training in home aerial studio 3-5 days per week (2019 to present)

Falling Leaf Aerial Collective weekly open hang (2016 to present)

Circadium summer intensive (2022)

Rebekah Leach (summer intensive 2021, Aerial Nerd Conference 2020 and 2021)

New England Center for Circus Arts summer programs (2019 and 2020)

Classes at Trapeze School of New York-DC and Monarca In Flight (2017 – 2023)

Private lessons with Sharon Witting (2014 – 2016)

### **OTHER PHYSICAL TRAINING**

Tai Chi and other forms of Kung Fu study and practice (2005 to present)

Wudang Longmen 19th generation disciple (inducted 2018)

Crossfit training (2014 – 2023)

Iyengar yoga (1990 – present)

### **PROFESSIONAL AND FORMAL EDUCATION**

Georgetown University Law Center, J.D. – May 2002, magna cum laude and

Order of the Coif

The Catholic University of America, M.A. in Medieval Studies. - May 1997, magna cum laude, attended on award of full tuition Roy Defferari Scholarship

Brown University, B.A. in Medieval Studies - December 1992, magna cum laude and Phi Beta Kappa